

October 4, 2020 - God's Thoughts

This story is found in Judges 6. If your kids are old enough, go ahead and read it together.

Say: Today we will talk about God's opinion about us. We have talked about how wearing the Belt of Truth means that we believe what God says and we behave according to God's words. We believe what He says about us and we trust that He is with us always? What do you think God thinks about you? (allow for answers)

Say: As you saw in today's bible story, Gideon did not think He was the best choice to lead the people of Israel. He believed he was weak and he was afraid. However, God's thoughts about Gideon were very different!!

Discussion –

- Can you describe Gideon according to the story?
- Why did Gideon feel he was not good enough for the task God called him to do?
- What did God think about Gideon?

God thinks you are valuable. He thinks you are so valuable that He sent Jesus so that we can have a way back to Him. Sometimes we tend to believe bad things about ourselves. Maybe someone said something negative about us or sometimes we are afraid to try something new because we don't think we are good enough to do it. However, the TRUTH is, God made us with a plan in mind. He thinks we are valuable. He can also help us be the people He wants us to be. Gideon did not think he was brave enough, but GOD called him 'a man of valour'. God made him brave and God was with Gideon at all times.

God knows everything about us. When we trust Him, we will have peace in our heart and worry will leave our heart!

- Why is it important to know God's word?

(Because we need to know God's promises. His word is truth so we can believe it in our heart and trust that God loves us and knows when we need Him. It also helps us identify when something is a lie (eg. if someone says God does not care for us, we need to know that God thinks we are valuable and important. If a thought comes to us that tells us that God does not care for us, the word of God says that God knows even the number of hairs on our head! He super cares for us! He sent Jesus because He loves us and wants us to be close to Him)

Remember: We need to put on the belt of truth - Knowing God's word (truth) and believing what He says so that we can stand firm. Gideon trusted God and God did amazing things through him!

Say: God has given us his truth so we can recognize when something does not come from him. This is the piece of the armor that keeps everything in our life together. Let's take a moment to praise Him for being such an amazing Father!

Pray: Dear God, thank you so much for our lesson today. Help us to remember each day that we are never alone because you are always with us. Help us trust you more and more everyday. We want to do great things for you!! j Thank you for your word because it helps us stand firm when problems come our way. We pray all this in Jesus' name. Amen.

Let's memorize our Bible verse this week: (kindergarten- grade 1, only learn orange part)

Psalm 139:16-17

16 You saw me before I was born. Every day of my life was recorded in your book.

Every moment was laid out before a single day had passed.

17 How precious are your thoughts about me, O God.
They cannot be numbered!